

Asthma Education School Nurse Curriculum

North Carolina Asthma Summit
2013

Asthma In the Media



<http://www.youtube.com/watch?v=AcuePQIOMnw&feature=endscreen&NR=1&list=PLZzumfhr7jpPjdvFsc7V1FvxxkwcU3UZb>

Burden of asthma

- 2008-2009 Asthma leading chronic health condition
- Elementary and Middle school students comprised majority of students with asthma

What is the curriculum?

- 5 modules
- How to use informational sheets
- Resource List
- Handout Section
- Train the trainer 3 ½ hours
- CEUs for attendance

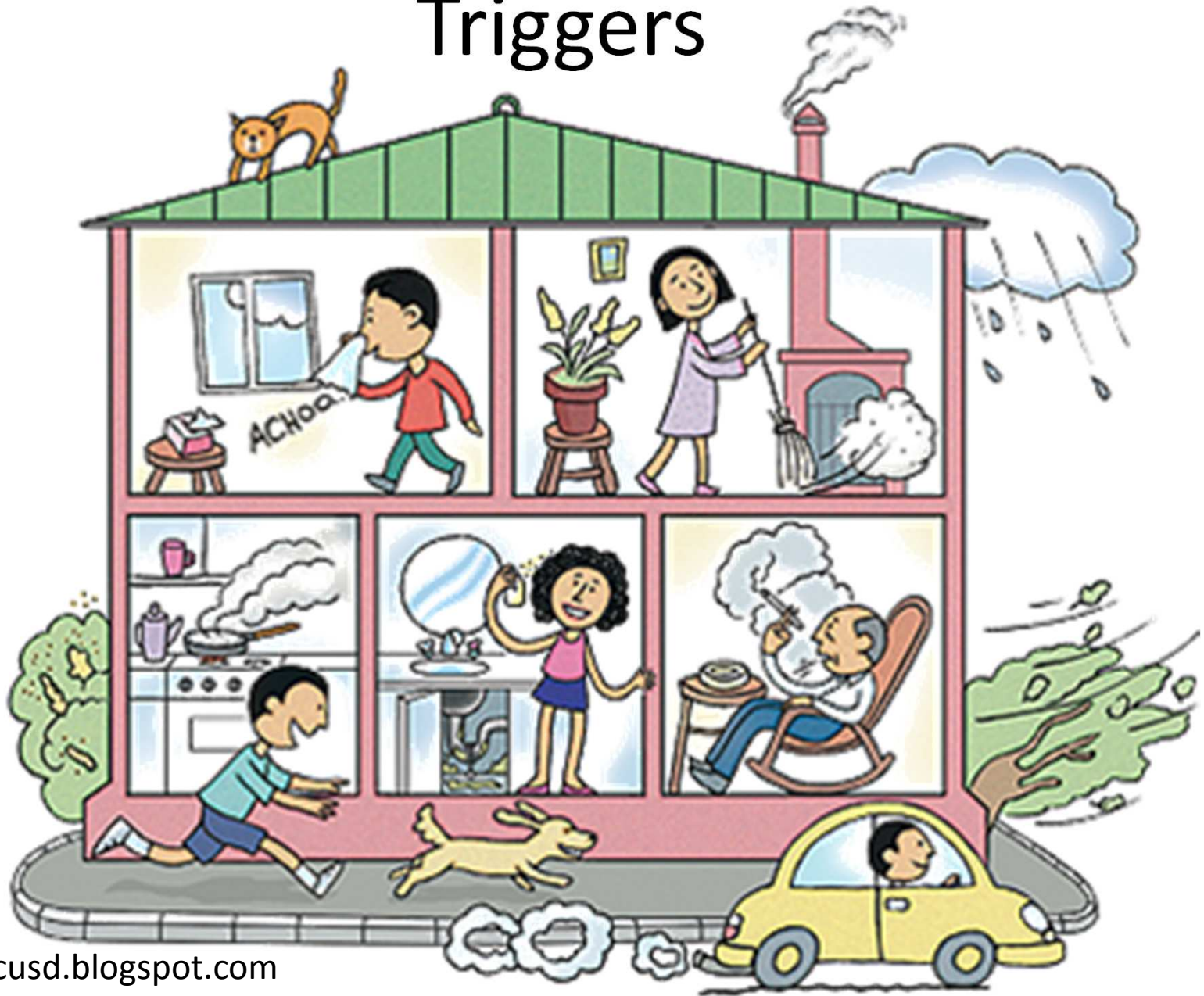
Adult Learning

- Standardized method
- Learning styles
- Cooperative Learning
- Assessment / Evaluation
- Technical Assistance from NC Asthma Program

What is Asthma

- A chronic lung condition
- When Asthma is present, the lungs show 3 key changes...
 - 1.
 - 2.
 - 3.

Triggers



Sign and Symptoms

- Coughing
- Wheezing
- Chest tightness

Asthma Attack

- Warning Signs
- Late Warning Signs
- Asthma Action Plan

Treatment

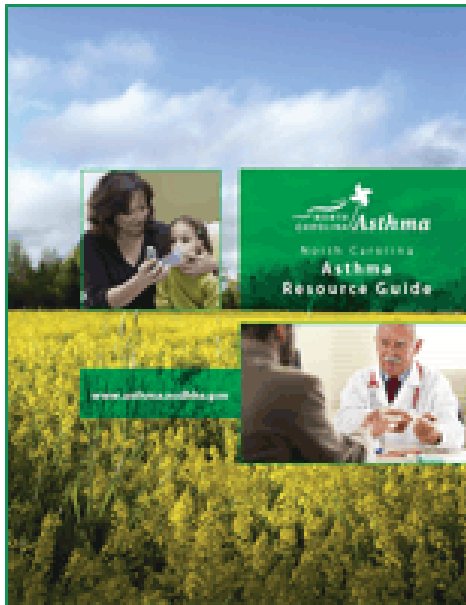
- Asthma Action Plan****
- Peak Flow
- Non Pharmacological Treatment
- Controller Medicines
- Rescue Medicines
- Nebulizer
- American Lung Association
 - How to videos

Asthma in Schools

- Carry Law
- Team approach
 - Secretary
 - Coach
 - Bus Drivers
 - Janitorial Staff
 - Nutritional Staff

NC Asthma Program

Resources



Technical Assistance

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How to get curriculum into your school?

- Schedule date/ time/ location of training
- Attendance requirement a minimum of 10 participants
- Wake AHEC registration fee of 15.00 per participant for training

- <http://www.youtube.com/watch?v=3eUOjSTZMIE>